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# From the Founders

### Dr Louise Tuckwell AO Dr Graham Tuckwell AO

#### Dear Scholars

The Tuckwell vision is to see highly talented and motivated school leavers fulfil their potential and reinvest their knowledge, skills and experience in ways that positively benefit others. The Program has a focus on giving back to Australia, and is the only one of its kind, which nurtures Scholars to fulfil their broader community ambitions over and above the pursuit of an undergraduate degree.

This Program is designed to be the most prestigious undergraduate scholarship in Australia, for a group of students and alumni that will build over time and who will inspire and support one other to achieve great things. That is why we are doing this at a single university, since it is important that these Scholars interact with and feed off each other.

Many highly talented candidates apply for this Scholarship, but you were selected because you have a great deal more to offer than sheer ability; you were awarded a Scholarship because we believe that you embody our vision, and more particularly because you have demonstrated a desire to fulfil broader community ambitions and to inspire and support one other to achieve great things.

We see the funding of a Scholar as inextricably linked with this vision, a vision that Scholars House is designed to facilitate. That is why so much effort has been and will continue to be put into Scholars House –as should be clear from this Handbook!



Ultimately, the success of the Program will be measured by the experience and impact of each and every Scholar. We hope over time to help the Program become as effective as possible, something we can do only by keeping in touch with the Scholars.

The highlight for us in visiting ANU every year is catching up with the Scholars to see how they are coming along. As most of you may know, we have four children who have all gone to university; just as we take a keen interest in how they are faring at university, so too we enjoy hearing how you are going. We sincerely hope that your experience will continue to improve with the years.

All the best!

Graham and Louise Tuckwell

# The Tuckwell Scholarship Program is like no other undergraduate scholarship program in Australia.

Associate Professor Ryan Goss, Dr Graham Tuckwell AO and Dr Louise Tuckwell AO



#### Welcome to Scholars House for 2023!

The extraordinary vision of our founders, Dr Graham Tuckwell AO and Dr Louise Tuckwell AO, together with that of The Australian National University (ANU), has brought us all together. It is for all of us at the Tuckwell Scholarship Program to work with you to build one of the most transformational undergraduate scholarship programs in Australia. And so the team at Scholars House is here to support you through your time at ANU – and beyond. This Handbook, including a copy of the all-important Conditions of Award, provides guidance on some of the ways in which Scholars House will support you during your time at the ANU.

The Tuckwell Scholarship provides Scholars with financial support: quarterly scholarship payments, travel allowances, and health and wellbeing support. This Handbook gives you some of the key information you need to make the most of that support – and to make the most of your time at ANU. Please read the information carefully now, and revisit it during the year to ensure we are supporting you as best as possible.

Beyond financial support, however, all of us at Scholars House are here to support you as you navigate your life at ANU and your studies. The Conditions of Award, and this Handbook, prompt you to have conversations with the Scholars House team at key stages during your studies or as you make key decisions (Thinking about changing degree? Or about an exchange overseas? Or moving off campus?). Through those conversations, we can support you better.

In particular, your Tuckwell Fellow is a key component of the support you receive through the Tuckwell Scholarship Program. Your Fellow is there to be a mentor, a sounding board, a coach. We will encourage you to meet with your Fellow throughout the year.

Through Scholars House, we'll also work with you to provide events and opportunities designed to support you as you navigate university life, and think about your time after graduation. Speaking of graduation, the Tuckwell journey continues for our Alumni, a fast growing community for which Scholars House also provides support. We look forward to welcoming you, too, to our Alumni community.

This Handbook, together with the Conditions of Award, provides the foundations for your time with us at Scholars House. Let's all work together to build a wonderful experience on those foundations.

Associate Professor Ryan Goss

Head of Scholars House

2023 Scholar Handbook

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# No Ordinary Scholarship

The Tuckwell Scholarship Program is one of the most unique and generous undergraduate scholarship programs in Australia.

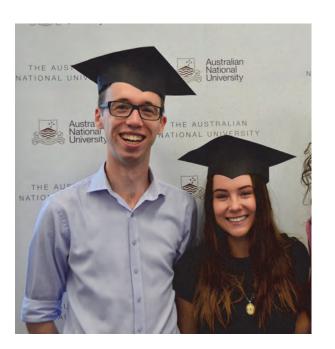
Tuckwell Scholarship Vision: To see highly talented and motivated school leavers fulfil their potential and reinvest their knowledge, skills and experience in ways that contribution to their community, Australia, and beyond.

Tuckwell Scholarship Program Purpose: To support each Scholar to achieve their potential, to pursue the very best ANU has to offer, and to remain connected to the Scholarship as a member of our global Alumni network.

**Tuckwell Scholarship Values:** Excellence. Commitment. Giving back.

In addition to providing financial assistance, travel allowances and health and wellbeing initiatives, the Program nurtures a community of Scholars and encourages each Scholar to:

Fulfil their potential by actively participating in the very best that ANU has to offer; and Develop the confidence and competence to make a meaningful contribution to Australia.



## Our committment to you

Financial Support: Receive a stipend of up to \$24,700 per annum (2023 rate), increasing with inflation, paid in four instalments each year for the length of your undergraduate degree to cover on-campus residential costs, books and general living expenses

Receive travel allowances to assist with travel to and from Canberra

Development: Attend seminars and workshops to develop essential skills, knowledge and behaviours

Learn from and be mentored by senior Scholars

Attend Academic Dinners and connect with ANU academics

Contribute to the design and delivery of Tuckwell activities and events

**Coaching and Support:** Receive 1:1 mentoring from an experienced Tuckwell Fellow

Receive support and advice from the Head of Scholars House, Program Staff and fellow Scholars

**Health and Fitness:** Receive a free ANU Fitness Centre membership OR access reimbursements for other approved health and wellbeing activities

Enjoy health and wellness activities held at Scholars House

**Scholars House:** Access Scholars House, utilising its many study spaces, social lounge and kitchenette

Attend events, workshops and activities led by fellow Scholars and Program Staff

Enjoy the many opportunities that emerge from active participation in life at Scholars House

**Alumni Program:** On graduation, to join and contribute to our growing global Alumni community

### A Two-Way Relationship

#### Your Commitment to Us

- To uphold the Conditions of Award and action all administrative tasks by the deadline(s) provided
- · To demonstrate the attributes of a Tuckwell Scholar
- · To engage fully and proactively with Scholars House events and activities
- · To meet, work, and collaborate with other Scholars on a regular basis
- · To strive continually to reach new heights in your various areas of endeavour
- To recognise that the actions of one member of the community can reflect on all members of that community
- · To continue to engage with us as Alumni

#### **Tuckwell Attributes**

- · Smart and lateral thinker
- Self-disciplined
- Willing to challenge yourself
- · A good sense of humour
- Selfless
- Humble
- Resilient
- · Innately driven and determined
- · Emotionally intelligent
- Constant
- Refreshingly different
- Open

# Tuckwell Staff



#### Head of Scholars House, Associate Professor Ryan Goss

- Oversee the Program
- · Support Scholars and alumni
- Coordinate the Program's relationship with the Board and the Founders
- · Oversee and apply the Conditions of Award
- Review/approval Scholar requests, as per the Conditions of Award
- · Coordinate the four Tuckwell Fellows
- Act as a conduit between Scholars, Program, Board, and the broader ANU



#### **Program Director, Dr Fiona Scotney**

- · Coordinate the administration of the Program
- Assist and support Scholars
- · Administer the Conditions of Award
- · Manage Scholars House facilities
- Support the Tuckwell Fellows
- · Support the Tuckwell Alumni Committee
- Manage Tuckwell staff



#### **Tuckwell Program Coordinator, Lois Carlton**

- · Coordinate events and activities
- Assist Scholars, Fellows, the Head of Scholars House and the Director in implementing Program activities
- Assist and support Scholars with administrative matters
- Produce the annual publication, The Bell
- · Support the coordination of Scholars House facilities



#### Communications and Engagement Officer, Kim Haines

- · Coordinate social media and Tuckwell website
- · Produce the Chime newsletter
- · Marketing and merchandise
- Publications editor



#### Tuckwell Alumni and Program Coordinator, Fiona (Fi) Tan

- · Coordinates the Tuckwell Alumni Program
- · Supports the Tuckwell Alumni Committee
- · Assists in the implementation of Program activities
- · Coordinate events and activities
- Assist Scholars, Fellows, the Head of Scholars House and the Director in implementing Program activities
- Assist and support Scholars with administrative matters
- · Support the coordination of Scholars House facilities

## Tuckwell Fellows



#### Associate Professor Esmé Shirlow

Esmé Shirlow is a Associate Professor at the ANU College of Law, where she teaches and researches in the fields of public international law, international dispute settlement, and international investment law and arbitration. She maintains a practice in the field of international law, has been involved as an advisor to parties to investment treaty claims and in proceedings before the International Court of Justice, and has served as an assistant to several investment treaty tribunals. Prior to joining the ANU, Esmé worked in the Australian Government's Office of International Law.

In addition to her work at the ANU, Esmé enjoys bushwalking, time with family and friends, and gardening.



#### Dr Iain Henry

Iain Henry is a Senior Lecturer in the Strategic and Defence Studies Centre at the Australian National University. Iain completed his PhD and MA at the Australian National University, and a Bachelor of Arts at the University of New South Wales. In 2014 he was a visiting Fulbright Scholar at Princeton University's School of Public and International Affairs. His research interests include alliance theory, Asian security, the Cold War in Asia, diplomatic history and Australian strategic policy.

A graduate of the Australian Defence Force Academy, Iain has previously worked for the Australian Army, the Australian Public Service, and Qantas Airways.



#### **Dr Richard Burns**

Richard is a Fellow at the Research School of Population Health (RSPH) at the ANU. Having grown up in England, South Africa and Australia, Richard spent several years teaching in high schools in Australia, the UK and Scandinavia whilst completing his PhD in organisational psychology at the University of Southern Queensland in 2009. Richard came to ANU as a Research Assistant at the Centre for Mental Health Research in 2007 before commencing postdoctoral research into mental health and wellbeing across the adult life course in 2010. Currently, Richard is HDR convenor at RSPH and convenes an introductory Population Health course. Richard has published over 75 peer-review articles and a research methods textbook that is frequently photocopied but rarely purchased.

Outside of work, Richard enjoys international travel, tennis, rugby (union and head-high) and music. Richard is a proud father to an infant who is just learning to walk and Gracie the Maremma who is now learning to run from said infant...



#### Dr Michelle Barrett

Michelle Barrett is a GP and Senior Lecturer at the ANU School of Medicine and Psychology. She teaches Clinical Skills to 1st year medical students, with a particular interest in the art of eliciting the patient's medical history. She has also been the principal of her suburban general practice for 23 years. For all of that time there have been medical students coming to learn at the practice.

Michelle is also a regular fly-in, fly-out, primary care physician for the Royal Flying Doctors Service, based out of Broken Hill. In the distant past she was medical officer in the Australian Army.

In her spare time she loves international travel and to catch up with her (grown up) children who live in Sydney.

### The Fellow's Role



Tuckwell Fellows are academics who work closely with the Head of Scholars House and the Tuckwell Program Director to mentor Scholars and support them in their academic and personal development.

Fellows are the first point of contact for Scholars for matters related to their life as a Tuckwell Scholar, their studies, or any aspect of life while at University. Fellows are not allocated to Scholars by program area/discipline, and are not intended to be course counsellors.

Fellows often facilitate activities that provide Tuckwell Scholars with opportunities to engage in ongoing learning about their strengths, skills, values and passions; as well as opportunities to gain new skills, knowledge and insight from each other, Alumni, ANU Staff and other relevant subject matter experts.

Since the beginning of the scholarship, Fellows have made an important contribution to the life of Scholars House and building the Tuckwell community, while also providing Scholars with unique opportunity to access and be mentored by academics.

Scholars are expected to meet in person or online with their Fellow at least once a term.

Book meetings with your Fellow through the Scholar House Booking System

# Program Policies and Processes

## Travel allowances

Travel allowances are designed to help you remain connected to family and communities, but it is important to understand that they are not designed to repay you for your travel expenses dollar-for-dollar. The Program will email all eligible Scholars with an invitation to apply for their travel allowance in advance of the travel period, and Scholars are responsible for applying.

Scholars may access travel allowances to assist with the costs of:

- · Incoming Scholars travelling to commence at ANU;
- Current Scholars travelling between their home address and ANU each semester;
- Parents/guardians of incoming Scholars travelling from their home address to ANU for the purposes of attending Commencement Weekend; and
- Concluding Scholars to return home at the end of their final semester

#### Guidelines

- Scholars must submit their application by the nominated deadline
- · Allowances are only be paid for travel to or from home addresses
- Allowances are not reimbursements of actual expenses and will be paid into the Scholars' nominated bank account in ANU ISIS
- Allowances do not include accommodation or additional travel fees or fares, such as additional baggage, storage or travel insurance
- Allowances are based on an honesty system where Scholars provide their travel information, which then informs the allowance calculations
- Scholars are expected to make their own travel bookings and are encouraged to make bookings well in advance of their trip due to potential increases in fares/costs.

#### **Travel Calculations**

Scholars who fly, train or bus may be paid an allowance comprising:

- the expected cost of the plane, train or bus fare, OR
- a per kilometre petrol allowance to drive between home and the terminal, AND/OR
- the taxi fare between Canberra airport and ANU and return.

The Program will base the airfare price on flights that are a reasonable balance between convenience and cost. Scholars who drive or are driven will be paid the current ATO per kilometre petrol allowance to drive between home and ANU. We will not pay for flights to Sydney.

The driving allowance is ordinarily capped at 700km one-way. If you are driving more than 700km you will be paid the maximum distance OR the cost of the relevant flight (which ever is the lesser amount).

If a Scholars wants to discuss their particular situation, or feels there has been an error with their allowance calculation, they are encouraged to contact the Program.

#### **Special Situations**

- 1. If Scholars are travelling to meet family other than at their home location they may seek an allowance based on their destination up to the amount they would have received if they were going home.
- 2. If a Scholar's family changes their home location to another area within Australia, the travel allowance will be recalculated based on the new location.
- 4. If a Scholar is going on an ANU approved exchange/internship for the following Semester, the travel allowance shall be paid based on return travel home at the end of the semester that precedes their exchange. This is assumed to cover the costs of travel home before Exchange, and then cost of return to Canberra from home after exchange.

#### **Change Request Form**

As per the <u>Conditions of Award</u>, Scholars require approval from the Head of Scholars House if they want to make certain changes or certain decisions, including if they want to:

- · Enrol in less than 24 units of study
- · Change their academic program
- Move off campus
- Receive another award, scholarship or salary
- Undertake an honours year
- · Take program leave
- Go abroad on exchange or undertake a study abroad program
   Scholars should discuss their proposed request with their Fellow, and then complete the <a href="Change Request Form">Change Request Form</a> for approval.

#### Letters to Graham and Louise Tuckwell

Every semester, Scholars have the opportunity to share their experiences and reflections with Graham and Louise Tuckwell via a digital letter. The letter submission portal is open for several weeks, and Scholars will be emailed a link in advance. Your letter is a good opportunity to share:

- details of your engagement and contribution to the events and activities of the Scholars
   House community, your residential community, wider ANU community or other
   communities you are involved in (e.g. sport, debating, committees);
- when, where and how you have been developing your interests or skills (e.g. academically, but also other interests like music, languages and work);
- when and where you have met, worked, and collaborated with other Scholars;
- · how the Scholarship has positively impacted your life and study at ANU; and/or
- anything else you'd like to share with Graham and Louise.

If you're not sure what to write or would like to have a chat about any or all of the above before submitting your letter, your Fellow is happy to help. Book a meeting.

Your letter must be typed, saved in PDF format; be 1-2 pages in length; include your full name and commencing year at the top of the first page. We'll send you more instructions each semester.

Once you have submitted your letter, it will be automatically forwarded to the Head of Scholars House and your Fellow before being sent to Graham and Louise.

### TuckFit policy

The Tuckwell Scholarship encourages all Scholars to maintain healthy habits and routines alongside their studies. Scholars can choose one of the following supports to promote their physical health:

- An annual (January December) ANU Sport gym membership. The membership includes the use of all gym equipment and access to classes.
- Reimbursements of up to \$450 per year for Alternative Activities.
   Scholars cannot access both the ANU Fitness Centre and
   Alternative Activities in the same calendar year. Costs must be incurred within Semesters (not during breaks).

Reimbursements for Alternative Activities must be applied for via the online TuckFit reimbursement form.

TuckFit can only be used to reimburse costs incurred for the following activities:

- Sports club membership fees (e.g. Club Lime, ANU clubs, rockclimbing, netball, soccer, football etc.)
- Sports equipment (e.g. soccer ball, tennis racquet, yoga mat, cricket bat, water bladder etc.)
   Physical health and fitness classes (e.g. PT sessions, yoga, Pilates, spin etc.)
- Physical health and fitness event, activity or competition fees (e.g. entry fees for triathlons, Canberra Marathon Festival, Tough Mudder etc.)

Cannot be used to reimburse the cost of:

- Medical or dental services (e.g. physiotherapy, massage, chiropractors/osteopaths, dietitians etc.)
- Sports clothing (e.g. shoes, sports uniforms, gym wear etc.)
   Leisure/social activities (e.g. skiing, bowling, skating, pool/billiards)
- Travel or insurance

Will be paid to the Scholar's nominated bank account in ANU ISIS at the end of each semester.

### **Tuckwell Med Pathway**

The ANU and Scholars House have policies and conditions that shape the Tuckwell Med Pathway. For Tuckwell Scholars on the Tuckwell Med Pathway, it is important to be aware of those policies and conditions as they change from time to time, and to keep in touch with Scholars House as their plans evolve.

#### The Tuckwell - MChD Pathway Guidelines

#### Introduction

The ANU provides a pathway for high achieving and talented school leavers who wish to study medicine after completion of their ANU undergraduate degree(s). This pathway is restricted to students who are successful applicants in the Tuckwell scholarship process.

The Tuckwell-MChD pathway is not a formalised double degree program but an assured pathway between a single or double undergraduate degree at the ANU to the ANU's Doctor of Medicine and Surgery (MChD) Program.

The Tuckwell -MChD pathway enables admission to the medical program at ANU without completion of the Graduate Australian Medical School Admissions Test (GAMSAT) and for the combination of degrees at the ANU to be completed in a minimum of 7 years (3 years undergraduate plus 4 years MChD). Completion of an undergraduate degree at the ANU is mandatory prior to commencing MChD.

#### Eligibility

The pathway is limited to successful applicants at the Tuckwell Stage 3 selection interviews; students are required to have declared upfront an interest in studying medicine in all 3 stages of the Tuckwell application process.

Domestic students only are considered for this pathway.

Interested applicants should refer to the Tuckwell scholarship application website for details of the specific criteria, eligibility and terms and conditions associated with the Tuckwell application process.

#### Admission to the pathway

Students who are considering this pathway must clearly stipulate their interest at every stage of the Tuckwell application process and be successful through all stages of the Tuckwell selection process. Up to three Tuckwell Scholars will be chosen for this pathway and the ANU's Deputy Vice-Chancellor (Academic) will advise applicants of the outcome of the Tuckwell Stage 3 (final stage) selection interviews; if successful, a letter of offer to the Tuckwell-MChD pathway will be made by the Dean of the ANU Medical School.

Students will then receive a conditional Commonwealth Supported Place (CSP) letter of offer to the MChD program in September of the year preceding the anticipated year of enrolment in the MChD. Following successful completion of an undergraduate degree(s) at the ANU and contingent upon meeting the requirements of the Tuckwell Scholarship Scheme the students will be admitted and will be eligible to enroll into the MChD program.

The standard requirements for admission to the ANU MChD program can be found on the ANU Medical School website. Unlike the standard admissions process to the MChD, students on the Tuckwell-MChD pathway are not required to sit the GAMSAT, apply for admission through GEMSAS, nor undertake a further interview prior to entering the ANU MChD program.

#### Scholars House approach to stipend payments for Med Pathway Tuckwell Scholars

As is the case for all Tuckwell Scholars, the Conditions of Award provide the framework for how stipend payments are arranged for Med Pathway Tuckwell Scholars.

Scholars offered a place in the Tuckwell Scholar Medicine Pathways program who are entering the Doctor of Medicine and Surgery (MChD) program will, ordinarily, at the end of their first undergraduate degree, continue to receive their Scholarship at an apportioned amount, calculated so that the remaining Scholarship covers the four years of their MChD program.

Scholars are funded up to 5 years, and will have their remaining scholarship pro rataed for the duration of their ANU MChD program.

For example: If a Tuckwell Med Pathway Scholar completes a three-year undergraduate program, they would typically receive:

- 4 x 0.25 payments (i.e. four standard stipend payments per year) for three years during their undergraduate program
- 4 x 0.125 payments (i.e. four pro rata payments) for four years during their ANU MChD program

Scholars may make a written request to the Head of Scholars House for an alternative funding scheduling.

# Frequently Asked Questions

Can I work while on a Tuckwell Scholarship? Yes, you can. While Scholars receive a quarterly scholarship payment, Scholars often also do part-time work as tutors, in their campus residences, or in other roles. The scholarship payments will often allow Scholars to spend less time doing part-time work than they otherwise might, and Scholars are encouraged to discuss their work plans and commitments with their Fellow. Scholars with part-time work are also encouraged to consider how best to balance work with study and campus life.

Can I live off campus? Scholars must live on campus in their first year, and are very strongly encouraged to live on campus for their first three years of study. Scholars wishing to live off campus before the end of their third year must ordinarily obtain approval from the Head of Scholars House. Scholars living off campus are encouraged to think about how they will remain engaged with campus life, and the Scholars House community, even while no longer living on the ANU campus.

Can I change degree programs? Yes, many Scholars change their degree programs to better suit their interests, their professional aspirations, or their curiosity. But you'll need approval from the Head of Scholars House. We recommend you discuss your options with your Fellow and then submit a Change Request form to the Head of Scholars House. See the Conditions of Award for more.

Am I able to study part-time? Scholars are required to do 24 units of study a semester. But we recognise that that isn't always possible or suitable for everyone. If you need to study less than 24 units for any reason, you'll need approval from the Head of Scholars House. Discuss it with your Fellow before submitting the Change Request form to the Head of Scholars House.

What happens if I fail a course? Many students fail a course, and rest assured you won't lose your scholarship from one fail. If you fail a course, your Fellow will be in touch with you to discuss additional supports that may be available. Our goal is always to try to support you through your ANU journey.

See the Conditions of Award for more.

## **Scholars House**



The Vice-Chancellor flipping pancakes at Graduation Pancakes

As a Tuckwell Scholar, in addition to being a member of your residential and wider ANU community, you will also become a member of Scholars House.

Located in Building 3L on Fellows Lane, Scholars House is the academic, pastoral and social heart of the Tuckwell Scholarship Program.

Scholars House is a unique space for Scholars to study, meet up with other Scholars, and attend Tuckwell events throughout the year. It is a great place to meet Scholars from different cohorts, or drop in for a chat with the Tuckwell team who are also located in the building.

### "Your home away from home"

**Access:** Access the Scholars House is limited to approved members of the Tuckwell community from 8am to 10pm daily.

**Cleaning**: While housekeeping staff regularly attend to Scholars House, it is not their responsibility to dispose of your rubbish, wash dishes or tidy up after you.

**Kitchen:** We have a shared kitchen space and ask that you consider others when using it (clean up after yourself). Coffee, tea, hot chocolate and biscuits are available for Scholars.

**Storage:** You can utilize short or long term storage. Short term lockers are limited to 48 hours. Long term lockers can be reserved for the semester. To loan a long-term locker, email tuckwell@anu.edu.au.

**Safety:** The building is fitted with fire safety, CCTV and a distress alarm that can be activated when needed. ANU Security will routinely inspect Scholars House, particularly in the evening. In an emergency, dial 000. If ambulance, police and/or fire services are likely to attend, follow-up as soon as practicable with a phone call to ANU Security 02 6125 2249

First Aid: A first aid kit is available in the cupboard near the photocopier

#### Fire:

- · If safe to do so ensure the immediate safety of, and alert anyone within the vicinity of the fire
- Raise the alarm if not already sounding, using a break glass alarm panel or by shouting 'Fire, Fire, Fire' if a panel is not available
- Evacuate the building and congregate in the carpark on Fellows Road, a safe distance from the building.
- Call ACT Fire Brigade 000 Give your name, address, building, level, room number, type and extent
  of the fire / smoke
- Call ANU Security 02 6125 2249

## **Annual Events**

Orientation and Camp For first year Scholars.

Commencement A celebration of incoming and recently graduated Scholars, including

a parents lunch and Scholars dinner.

Network Event An opportunity for all Scholars to network between cohorts and with

Alumni.

Senior Scholar Symposium A day for senior Scholars, focused on the transition from university.

Academic Dinner A formal dinner where Scholars invite an academic to host.

Alumni Reception A networking event for Tuckwell Alumni and final year Scholars.

Spring Celebration End of Sem 2 celebration for all Scholars.

Graduation Pancakes A breakfast with the VC for graduating Scholars.

# Key dates

#### 2023

#### Milestone Events

- 9 Feb Orientation
- 10-11 Feb Camp
- · 25-26 Feb Commencement
- 24 Mar Senior Scholar Symposium
- 16 May Networks event
- · 8-9 Jul -Interview weekend
- 18 Aug Alumni Reception
- · 20 Sep Academic Dinner
- · 27 Oct -Spring Celebration
- 11-15 Dec Graduation Pancakes

#### Stipends

- T 1 (2023 Scholars only) –6-10 February
- T1 –13-17 February
- T 2 –10-14 April
- T 3 –17-21 July
- T 4 –11-15 September

#### **Allowances**

- Mid-year travel Form opens 1 May, closes 12 May, for payment after week 12
- Summer travel Form open 29 Sep, closes 13 Oct, for payment after week 12
- Tuckfit Sem 1 Reimbursement form closes 12 May, for payment after week 12
- Tuckfit Sem 2 Reimbursement form closes 13 Oct, for payment after week 12

#### Letters

- · Sem 1 Letters submission opens 11 Apr and closes 11 May
- · Sem 2 Letter submission opens 4 Sep and closes 4 Oct

### **Support Services**

The <u>ANU Wellbeing and Support Line</u> is a phone service for all current students who are experiencing situational stress, emotional difficulties and mental health concerns. The service can also be used to provide debriefing support and assistance for student leaders. The ANU Wellbeing and Support Line works with ANU Counselling but is operational 24 hours a day. Contact the ANU Wellbeing and Support Line on 1300 050 327 (voice) or 0488 884 170 (text).

ANU Counselling is open each day of the year excluding weekends, public holidays and the University Christmas shutdown period. To make an appointment, please phone on 02 6125 2211, option 1 for counselling or email counselling.centre@anu.edu.au

<u>Academic Skills</u> help students to develop the key academic skills and communication strategies that are foundational to all academic activity. They assist students from first year undergraduate to final year PhD. Email academicskills@anu.edu.au

<u>ANU Careers</u> help students maximise their potential and make a successful transition from education to work. They provide current students and new graduates with a range of in-person and online services that can help with career planning and decision-making. Email careers@anu.edu.au





### Contact us

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